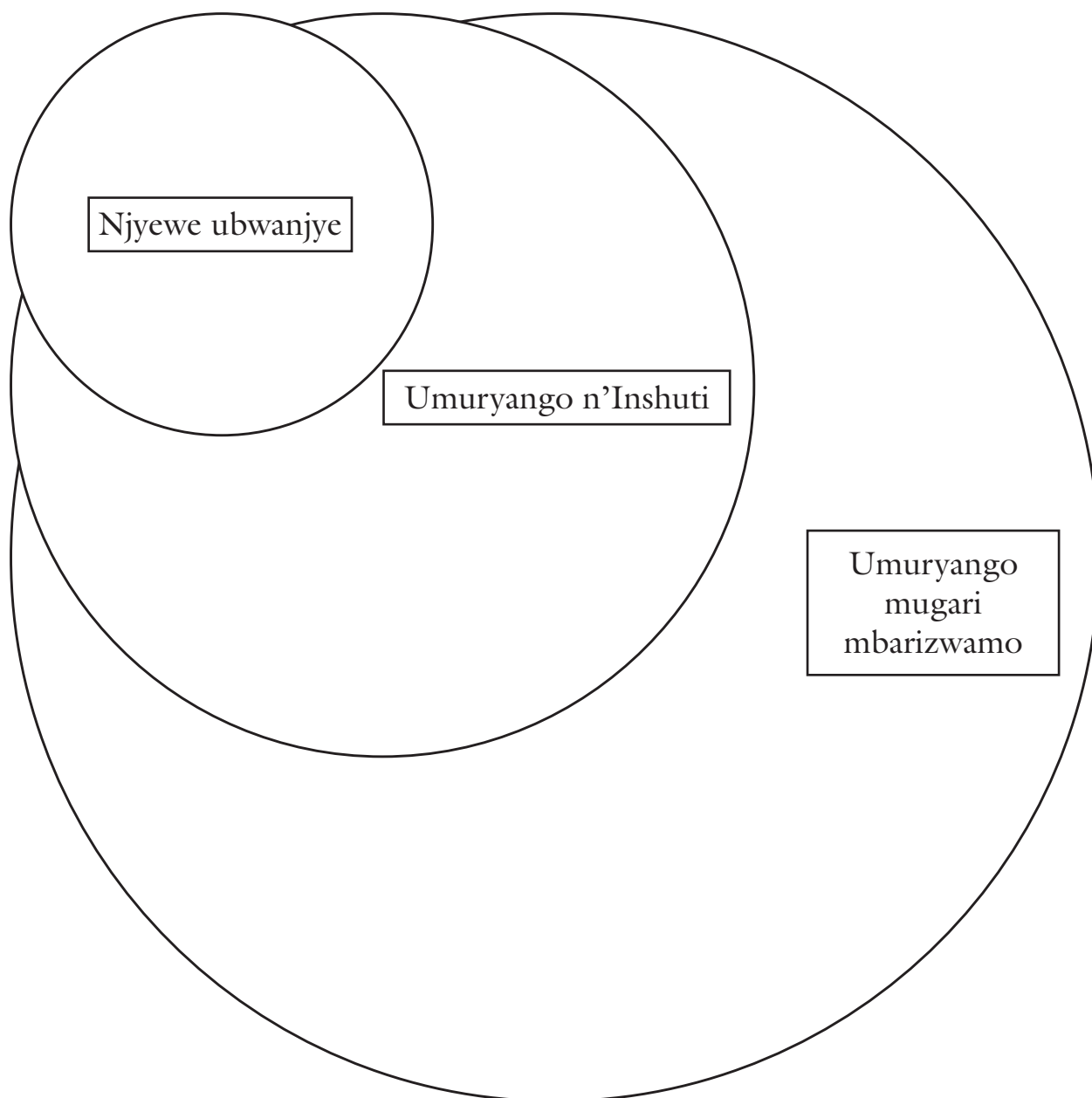


URUHEREREKANE RW'INSHINGANO



6 CYANGWA 9?



INTAMBWE 5 ZO KWISANISHA N'AMARANGAMUTIMA Y'ABANDI

INTAMBWE YA 1: ITONDE!

- Inshuti yawe iri kuvuga iki?
- Ni gute wasobanura imvugo y'umubiri we?

INTAMBWE YA 2: ISANISHE!

- Kwisanisha wowe ubwawe n'uko inshuti yawe iri kwiyumva.
- Ni ryari wigeze ugira ibyiyumvo biteye kimwe n'ibi?

INTAMBWE YA 3: TEKEREZA!

- Utekereza ko inshuti yawe iri kwiyumva ite nonaha?
- Ibi biramutse bikubayeho wakumva umeze ute?

INTAMBWE YA 4: BAZA!

- Baza inshuti yawe uko iri kwiyumva.

INTAMBWE YA 5: KORA!

- Tega amatwi neza inshuti yawe mu gihe ivuga ku byiyumvo byayo. Rebana nayo mu maso.
- Ereka inshuti yawe ko uyitayeho mu magambo no mu bikorwa.

AMAKARITA Y'URUGERO RWO KWISANISHA N'AMARANGAMUTIMA Y'ABANDI



Inshuti yawe magara, Sara, ifitiye ishyari inshuti nshya uherutse kubona, Leila. Umunsi umwe bari mu muhanda w'imodoka zitwara abantu benshi, Sara atangira kumunyangaga anavuga ibintu bitari byiza ku modoka mama wa Leila atwara. Leila arabyumva yumva akozwe n'ikimwari; urabizi ko nyina wa Leila nta kazi afite. Wakora iki?

Inshuti yawe, Mateo, yatangiye guseka Jayden ko asoma gahoro. Bigitangira wagize ngo byari byiza, ariko ibyo Mateo yavuze kuri Jayden byabaye bibi. Mu by'ukuri, Jayden yakozwe n'isoni kuri ubu ku bijyanye no gusomera ishuri mu ijwi riranga, kandi igihe cyose ahamagawe ngo asubize ikibazo yubika umutwe. Abandi banyeshuri mu ishuri baracyatekereza ko ibyo Mateo yavuze n'amagambo mabi yakoresheje bishimishije mu gihe Jayden agomba gusoma. Wagakwiye gukora iki?

Habayeho gukomera umunyeshuri ku ishuri kandi inshuti ze nyinshi ziramuzengurutse mu gihe cy'ikiruhuko. Barimo guseka ya magambo ye mabi. Wagakwiye gukora iki?

Abanyeshuri barimo guhitamo amakipe yo gukina umukino wa basiboro mu gihe cya siporo. Hasigaye abanyeshuri babiri, ariko kapiteni w'ikipe ntashaka kubatora. Wagakwiye gukora iki?

Shania afite ibirori byo kwizihiza umunsi w'amavuko. Ishuri ryose ryatumiwe uretse umunyeshuri umwe. Wagakwiye gukora iki?

Umunyeshuri mushya aje mu ishuri ryawe arwaye ibihari anambaye amataratara manini. Bamwe mu bandi bana bo mu ishuri batangira guseka. Mu gihe cy'ifunguro rya saa sita, yicara wenyine. Wagakwiye gukora iki?

Uri kuri interineti none wakiriye ubutumwa busebya umunyeshuri mwigana woherejwe ku bandi banyeshuri mu ishuri ryawe. Umunyeshuri bari gusebya ntazi iby'ubutumwa bwo mu itsinda ry'ibanga. Wagakwiye gukora iki?

Kayla yariyogoshesheje, maze umwogoshi akata umusatsi we uba mugufi kurenza uko yabishakaga. Inshuti zawe zose ziri kuvuga ngo arasa n'umuhungu. Kayla arababaye bigaragara. Wagakwiye gukora iki?

Kwisanisha n'amarangamutima y'abandi Umwaka wa gatatu —Umwaka wa gatanu

GUSESENGURA URUGERO RWO KWISANISHA N'AMARANGAMUTIMA Y'ABANDI

Izina: _____

1. Urumva umuntu uri mu rugero rawe yumva ameze ate?
2. Ni gute ibi bintu byatuma wumva umeze?
3. Iyo uza kubona ibi bintu mu buzima busanzwe, wari gukora iki ngo werekane kwisanisha n'amarangamutiima y'abandi?

KUBAHA

Ni gute nagaragaza kubaha?

Ku ishuri



Mu Rugo



Mu Muryango
mugari



INGERO Z'AMAKARITA YO KUGARAGAZA ICYUBAHIRO

<p>Ikarita ya 1</p> <p>Mwarimu wa Johnny asaba ishuri gufata amakayi yabo y'imibare n'amakaramu. Johnny yarakaye kubera ko yibagiwe gukora umukoro we kandi akaba adafata ikayi ye y'imibare cyangwa ikaramu. Iyo mwarimu we amwibukije amabwiriza, akomeza kutayakurikiza. Ese Johnny ari kugaragaza kubaha? Ni iki Johnny agomba gukora ngo yereke mwarimu we ko amwubashye?</p>	<p>Ikarita ya 2</p> <p>Sarah ari muri parike; arangije ajugunya ishashi yari irimo amafriti hasi hanyuma yiruka ajya ku mwicundo. Ese Sarah aragaragaza kubaha? Ni iki Sarah yakora kugira ngo agaragaze ko yubashye umuryango mugari?</p>
<p>Ikarita ya 3</p> <p>Ben ari kwiruka mu kirongozi ajya mu rwogero. Umwarimu atazi amusaba kugenda atiruka. Ben ntiyakwita kuri mwarimu akomeza kwiruka. Ese Ben ari kugaragaza kubaha? Ben yakora iki ngo agaragaze kubaha ku ishuri?</p>	<p>Ikarita ya 4</p> <p>Umwarimu wa Anna abwira abanyeshuri gushyira taburete zabo kure bagasubira mu myanya yabo. Mu byukuri Anna arashaka kurangiza umukino ari gukina, yirengagiza amabwiriza akomeza gukina kuri taburete. Ese Anna ari kugaragaza kubaha? Anna yakora iki kugira ngo yerekane kubaha mwarimu we?</p>
<p>Ikarita ya 5</p> <p>Ikipe ya basiboro ya Eric ntiyatsinze umukino mukuru. Eric ararakara cyane. Igihe cyo gusuhuzanya kw'amakipe kigeze, Eric yicara ku ntebe yanga gusuhuzaba abo mu yindi kipe. Ese Eric ari kugaragaza kubaha? Eric yakora iki ngo agaragaze kubaha?</p>	<p>Ikarita ya 6</p> <p>Nyina wa Sean yamubwiye ko adashobora kujya gukina n'inshuti ze kugeza igihe arangije gusukura icyumba cye. Sean ntiyashakaga gusukura icyumba cye, ariko mu by'ukuri yashakaga gukinira hanze. Sean azamuka ingazi maze asukura icyumba cye nk'uko nyina yabimusabye. Ese Sean ari kugaragaza kubaha?</p>
<p>Ikarita ya 7</p> <p>Nyirakuru wa Serena yakoze umutsima wo kurya nijoro. Serena ntakunda umutsima. Bari ku meza ku ifunguro rya nimugooroba, atonganya nyirakuru kuko yakoze umutsima amubwira ko ariwe mutetse mubi ubaho. Ese Serena ari kugaragaza kubaha? Ni iki Serena agomba gukora ngo agaragaze kubaha?</p>	<p>Ikarita ya 8</p> <p>Mu mukino wo Kwerekana no kuvuga icyo Berekanye, abahungu babiri batangia guseka mu gihe uwo bigana atangiye kubabwira filime akunda. Baraseka maze bavuga ko iyo ari filime irambirana. Ese aba banyeshuri baragaragaza kubaha mugenzi wabo bigana? Ni iki aba bahungu bagomba gukora ngo bagaragaze kubaha?</p>

INGERO Z'IBYAVUZWE KU BUNYANGAMUGAYO

“Ubunyangamugayo nyabwo ni ugukora igikwiye, ubizi ko nta muntu uzamenya niba waragikoze cyangwa utaragikoze.” —Oprah Winfrey

“Ubunyangamugayo ni uguhitamo ibitekerezo byawe n'ibikorwa ushingiyeye ku ndangagaciro aho gushingira ku nyungu bwite.” —Utazwi

“Utita ku kuri mu bintu byoroheje ora kuragizwa ibikomeye.”
—Albert Einstein

“Igihe gihora gikwiye ngo ukore igikwiye.” —Martin Luther King, Jr.

“Ubunyangamugayo ni ugukora icyiza, nubwo nta waba ari kukureba.”
—C. S. Lewis

“Ubuhanga ni ukumenya inzira ukwiye kunyuramo...ubunyangamugayo ni ukuyinyuramo.”
—Utazwi

“Ntabwo ari ibyo duhamya mu ruhame, ahubwo ibyo dukora kandi tukitoreza mu muhezo nibyo bitugeza ku bunyangamugayo.”
—Sir Francis Bacon

“Kuvugisha ukuri bishobora gutuma utagira inshuti nyinshi, ariko iteka biguha izikwiye.” —John Lennon

INGERO Z'IMBOGAMIZI Z'UBUNYANGAMUGAYO

Somera urugero ishuri ryawe. Abanyeshuri bahitamo ibyo bakora kuri buri rugero maze bakajya ku ruhande rw'icyumba bikuye—1 cyanwaga 2.

1. Inshuti yawe yaje kukureba, none mwese muri kuri mudasobwa ya mama wawe. Inshuti yawe irashaka ko ujya ku rubuga uziko mama wawe adashaka ko usura. Ariko, mama wawe yagiye ku rugo rw'umuturanyi mu gihe gito, none wowe n'inshuti yawe muri mwenyine. Ese wa...

Amahitamo ya 1: ...sura urubuga? Mama wawe ntari mu rugo nonaha kandi ashobora kutazigera amenya ko warusuye.

Amahitamo ya 2: ...bwira inshuti yawe ko ugomba gusura urundi rubuga cyangwa ugakora ikindi kintu? Uzahura n'ibibazo nusura urubuga.

2. Ntiwabonye umwanya wo kwigira ikizamini cy'inyunguramagambo, kandi nyogokuru wawe yakubwiye ko ugomba kubona “A” mu kizamini kugira ngo mujyane mu nzu nini bahahiramo mu mpera z'icyumweru. Mu kizamini, wabonye ko byoroshye kuba wareba ibisubizo by'umunyeshuri wicaye iruhande rwawe. Ese wa...

Amahitamo ya 1: ...gukopera ikizamini cy'umunyeshuri? Urabiizi ko yize kandi ashobora kuba aribusubize ibisubizo biri byo!

Amahitamo ya 2: ...guhita kwikorera ibyawe? Ushobora kutabona “A,” ariko ukaba utarakopeye.

3. Wabonye inshuti yawe magara yiba mafaranga mu gikapu baheka cy'undi munyeshuri mu ishuri ryawe. Ese wa...

Amahitamo ya 1: ...bwira mwarimu wawe ibyo wabonye? Urabizi ko inshuti yawe ishobora kurakara, ariko umunyeshuri mwigana kuri ubu nta mafaranga yo gufata ifunguro rya saa sita afite.

Amahitamo ya 2: ...kutagira icyo uvuga? Ni wowe wibye ayo mafaranga!

URUPAPURO RW'IMITEKEREREZE MYIZA

Nzi ubwenge.

ndakora cyane.

Ngwa neza.

Nubahiriza inshingano.

Ndi uwo kwizerwa.

Ndashimishije.

Ndi ihoho.

Nzi siporo.

Ndi umusomyi ukomeye.

Ngira icyizere.

Nzi imibare cyane.

Ndubaha.

Ndakundwa.

Ndi umugwaneza.

Nzi guhanga udushya.

URUPAPURO RURIHO IBITEKEREZO BIBI

Ndi igicucu.

Nta kintu cyiza njya nkora.

Ndi umuswa muri siporo.

Nta muntu ushaka kuba inshuti yanjye.

Ibintu byose birakomeye.

Sinshobora gushushanya.

Buri wese ni umugome.

Mwarimu wanjye arankankamira.

Nanga imibare.

Mukuru wanjye ntajya ashaka gukina nanjye.

Akaruhuko kararambirana.

Ndi umusomyi mubi cyane.

Nzatsindwa ku ishuri.

Buri gihe mu rugo barankakamira ngo nkore akazi.

Nta kintu gishimishije njya nkora.

INTEGO ZO KWIHANGANA

Intego yanjye y'igihe kirekire ni: _____

Ningera ku ntego yanjye, nzaba meze nka...

INTEGO ZO KWIHANGANA

NINGERA KU NTEGO YANJYE, IZABA IMEZE NKA...

Intego y'igihe gito ya 1:



Intego y'igihe gito ya 2:



Intego y'igihe gito ya 3:



Intego y'igihe gito ya 4:



Intego y'igihe gito ya 5:

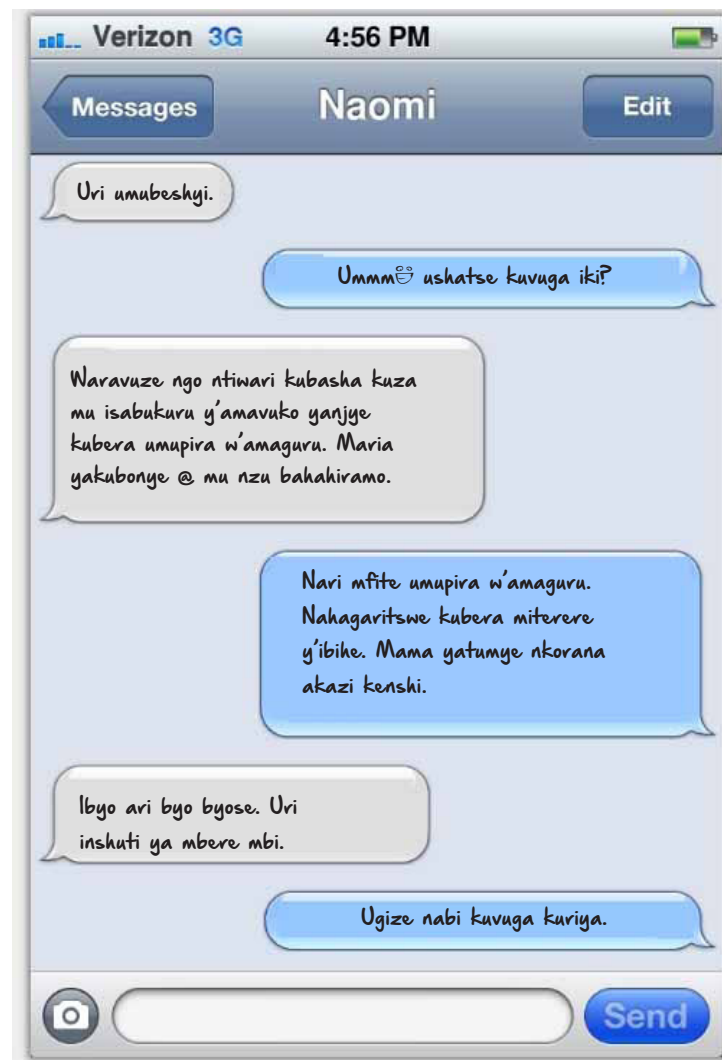


INTEGO Y'IGIHE KIREKIRE YAGEZWEHO

URUGERO “UBUTUMWA BWAWE”

Soma umwandiko w'ikiganiro hagati ya Naomi (*ubutumwa mu ibara ry'umweru*) n'inshuti ye (*ubutumwa mu ibara ry'ubururu*).

Wari kumva umeze ute iyo uza kuba inshuti ya Naomi?



UMWITOZO W' "UBUTUMWA-BWANJYE

Amabwiriza: Soma ingero zikurikira.

Utekereze ko biri kukubaho; maze wandike "Ubutumwa- Bwawe" kuri buri rugero.

URUGERO:

mama wawe arashaka ko wiyogoshesha mbere y'uko usura ba sogokuruza bawe. Ariko urashaka ko umusatsi wawe uguma uko uri.

Numva *ndakaye* _____

Iyo *atuma mpindura insokozo yanjye* _____

kubera ko *Mkunda uburyo umusatsi wanjye uteye kuri ubu.* _____

1. Umwe mu bo mwigana amaze igihe asereza inkweto wambara mu myitozo.

Numva _____

iyo _____

kubera ko _____ .

2. Abo mwigana ntibazakwemerera kujya mu mukino wabo mu gihe cy'akaruhuko.

Numva _____

iyo _____

kubera ko _____ .

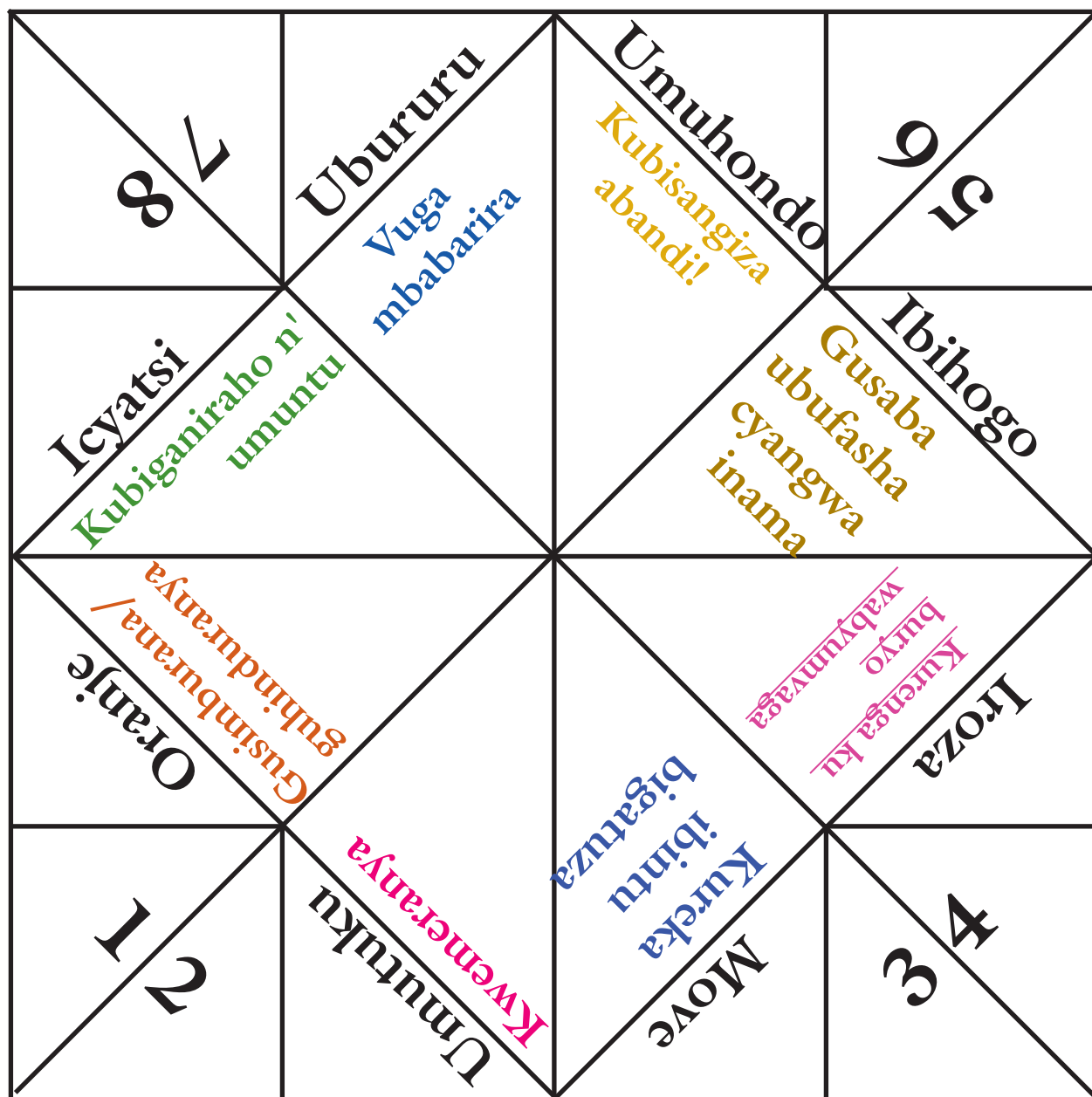
3. Abavandimwe bawe bakwita "gakayi" kuko ukunda gusoma.

Numva _____

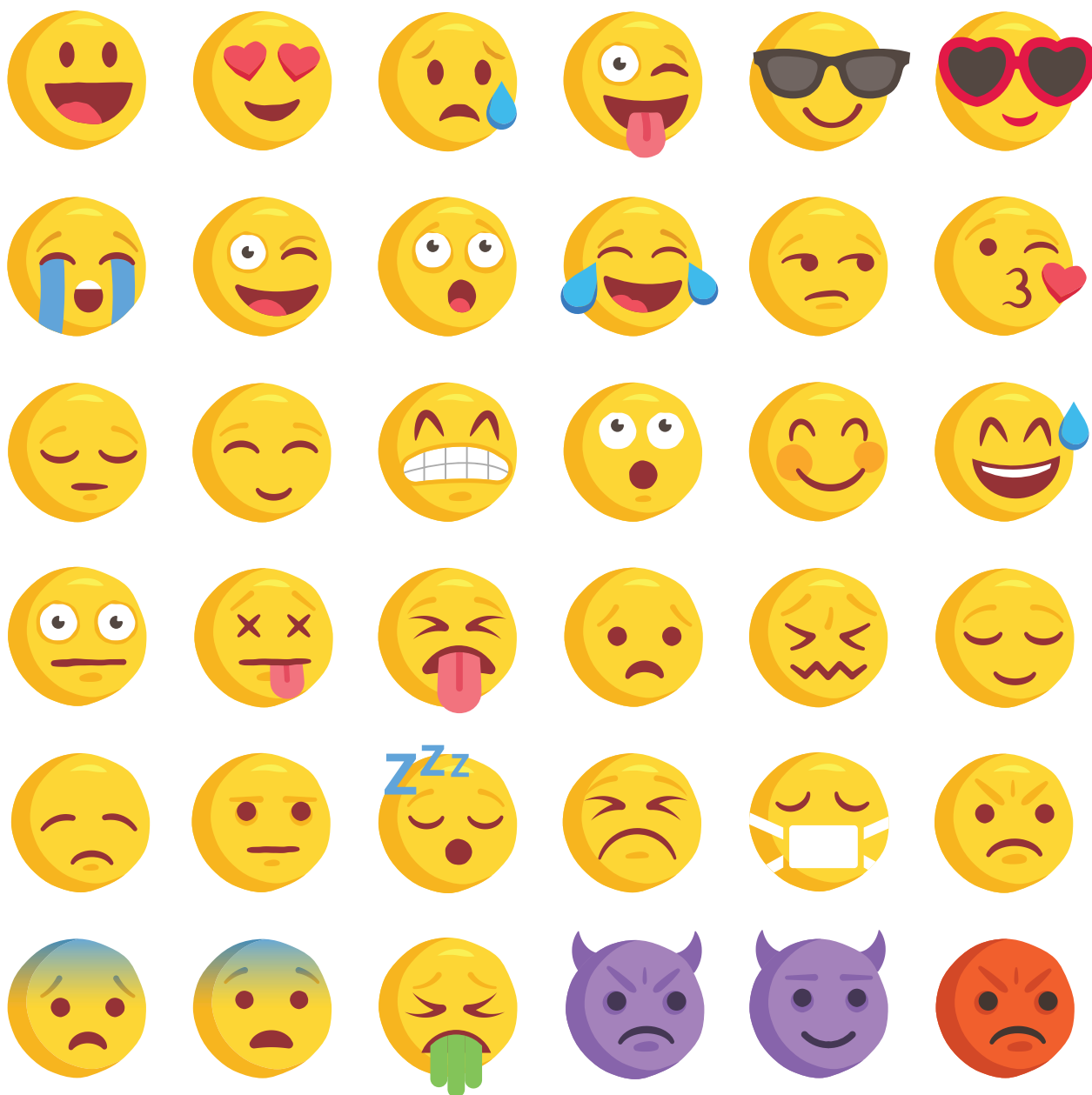
iyo _____

kubera ko _____ .

GUKEMURA AMAKIMBIRANE UMURAGUZI W'UMUTWE



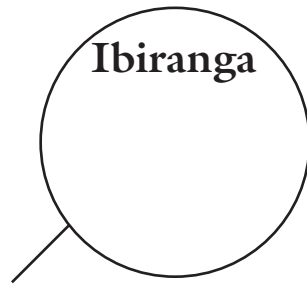
EMOJI ZIGARAGAZA AMARANGAMUTIMA



URUTONDE RW'INGERO Z'IGITUTU CY'URUNGANO

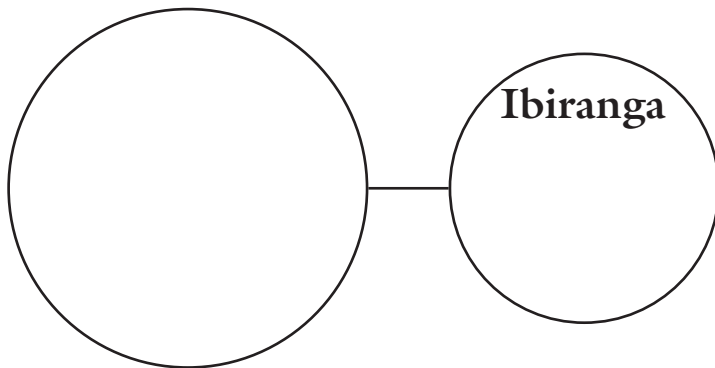
1. Wowe n'inshuti zawe muri gukina umupira w'amaguru mu kibuga kiri hafi y'inzu y'iwanyu. Wabwiwe ko ugomba kugera mu rugo butarira. Mbere y'uko bwira, umwana cyane uzwi aho mutuye aragutumira wowe n'itsinda ry'inshuti zawe ngo mujye iwabo mukine ubute mu gikari. Inshuti zawe zose zemeza kugenda, ariko urabizi ko witezwe kuba uri mu rugo mbere y'uko bwira.
2. Mu gihe cyo kwiga mudasobwa, umwe mubo mwigana yasuye urubuga uziko mutemerewe gusura muri ku ishuri. Arashaka ko anawe ujya ku rubuga kugira ngo akwereke videwo “nziza”. Abo mwigana bavuga ko uba uri itundo rya mwarimu iyo ukurikiza amategeko y'ishuri igihe cyose.
3. Geraldo arashaka mu by'ukuri umuguru wa godiyo. Nyirakuru amujyana mu nzu bahahiramo mu gace k'iwabo amuha amafaranga yo kugura inkweto. Ari kwinjira agana mu ishami ry'inkweto, abona itsida ry'abakinnyi b'umupira w'amaguru bambaye imiguru y'inkweto imeze kimwe. Nubwo Geraldo amaze igihe ashaka godiyo, aratumva kandi afite igitutu cyo kumva yakora nk'ibyo aandi bakinnyi bakoze akisanga muri bo.
4. Muri bisi yerekezaga ku ishuri, umunyeshuri wiganaga na Naquan amubaza niba yakoporora umukoro we. Naquan arashaka kuvuga ngo hoyu kubera ko abizi ko ari ugukopera. Ariko mugenzi we aramubwira ati, “ibicucu gusa nibyo byanga gusangiza abandi ibisubizo. Ese urashaka kwitwa igicucu?”
5. Mu gihe DeAnna ari ku ishuri bigiramo kubyina, uyu mukobwa mushya muri iri shuri agerageza kuza agasanga inshuti ze ku ruziga rwo kubyina. Inshuti zose za DeAnna zizengurutse amaso bimuka mu mwanya wabo kugira ngo baheze uwo mukobwa inyuma. DeAnna abona ko wa mukobwa mushya yigunze, ariko ntiyashaka “kwiteranya” n'inshuti ze.
6. Rachel yari yicaye atuje mu ishuri, asoma igitabo nk'uko mwarimu we yabimusabye. Bitunguranye, inshuti ye magara yari yicaye iruhande rwe imusaba guha ubutumwa bwanditse undi munyeshuri. Rachel afite igihunga cyo kujya mu bibazo, ariko Leilani amukangisha ko atazongera kuba inshuti ye ukundi naramuka adatanze ubwo butumwa.

URUBUGA RW'IBIRANGA



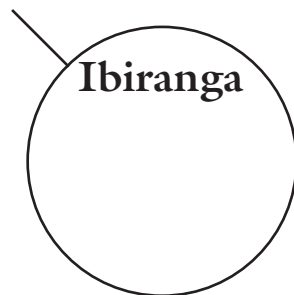
Urugero/ingero

- _____
- _____



Urugero/ingero

- _____
- _____



Urugero/ingero

- _____
- _____

IMBONERAHAMWE Y'UBWENEGIHUGU

Iyi si ngiye kuyigira ahantu heza...

Ku ishuri	Mu rugo	Mu muryango mugari mbarizwamo