

# REAL TIME TALLY

There are 168 hours in the week. Here is how I spend my time:

sleeping: \_\_\_\_\_

other activities: \_\_\_\_\_

school: \_\_\_\_\_

eating: \_\_\_\_\_

watching TV: \_\_\_\_\_

talking on the phone: \_\_\_\_\_

TOP FIVE FAVORITE ACTIVITIES:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

LEARNING STYLES (To the teacher: Save for Part 3.)

Cut out each learning style. Tape them to the bottom of the appropriate skill category on the “Skills” activity sheet.

Athletic, Body	Musical	Visual, Artistic	Mathematical, Logical	Verbal, Linguistic	Social, Interpersonal	Intrapersonal
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