SOMETIMES I FEEL...

A

adventurous affectionate afraid aggressive amazed annoyed anxious apologetic apprehensive ashamed

> B bashful betrayed bold bored brave

calm
cautious
cheerful
comfortable
competent
confident
confused
curious

decisive depressed determined disappointed disgusted distressed Ε

ecstatic
embarrassed
energetic
enraged
enthusiastic
envious
excited
exhausted

F friendly frightened frustrated

> **G** grateful greedy guilty

happy helpless hopeful horrified

impatient incompetent indecisive indifferent insecure inspired insulted intimidated irritated

ر jealous joyful

lazy listless lonely

M marvelous mischievous miserable moody

> N negative nervous

O optimistic overwhelmed

peaceful perplexed petrified positive proud puzzled

R regretful relaxed resentful restless sad
satisfied
secure
serene
shocked
shy
silly
skeptical
sleepy
sluggish
sullen
surprised
suspicious
sympathetic

tense timid tranquil trusting

U uncomfortable undecided

> W wary whimsical worried

> > Z zealous

SCALE OF EMOTIONS