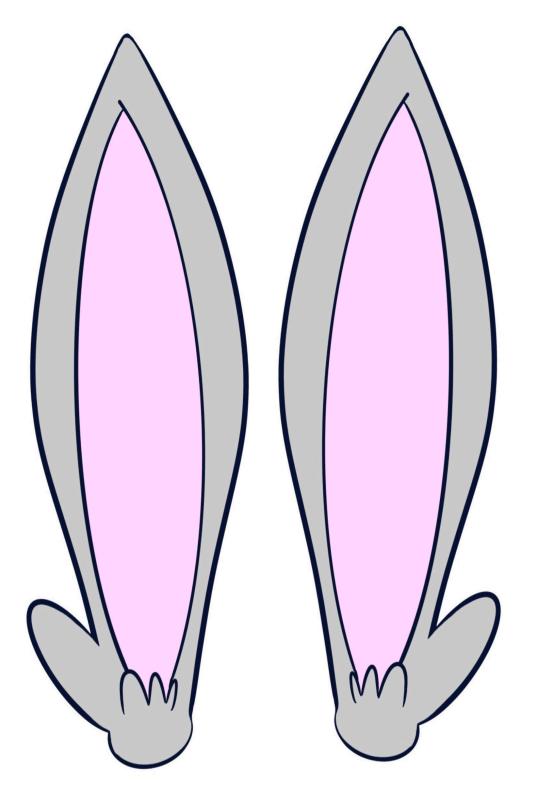
#### LISTENING EARS



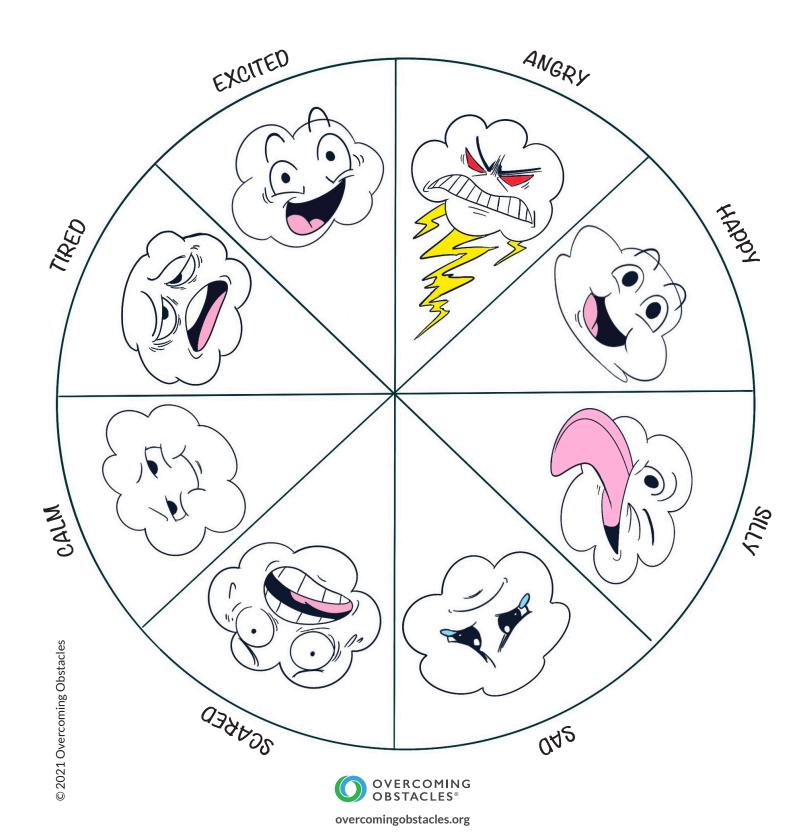
#### LISTENING INTERVIEW

NAME		

#### WHOLE BODY LISTENING CHART



## WHEEL OF EMOTIONS Today, I Feel...





A Lion lay asleep in the forest, his great head resting on his paws. A timid little Mouse came upon him unexpectedly, and in her fright and haste to get away, ran across the Lion's nose. Roused from his nap, the Lion laid his huge paw angrily on the tiny creature to kill her.

"Spare me!" begged the poor Mouse. "Please let me go and some day I will surely repay you."

The Lion was much amused to think that a Mouse could ever help him. But he was generous and finally let the Mouse go.

Some days later, while stalking his prey in the forest, the Lion was caught in the toils of a hunter's net. Unable to free himself, he filled the forest with his angry roaring. The Mouse knew the voice and quickly found the Lion struggling in the net. Running to one of the great ropes that bound him, she gnawed it until it parted, and soon the Lion was free.

"You laughed when I said I would repay you," said the Mouse. "Now you see that even a Mouse can help a Lion."

## KINDNESS BINGO!



Being kind is easy and fun! Circle each of the squares as you perform the acts of kindness. Can you circle all the squares?

Ask someone about their day

Help someone clean up Raise your hand before speaking in class

Say something nice to five people

Share with others

Hold
the door
open for
someone

Invite
someone
to play
with you

Make a handmade gift for someone

Say thank you

### **Kindness Cards**

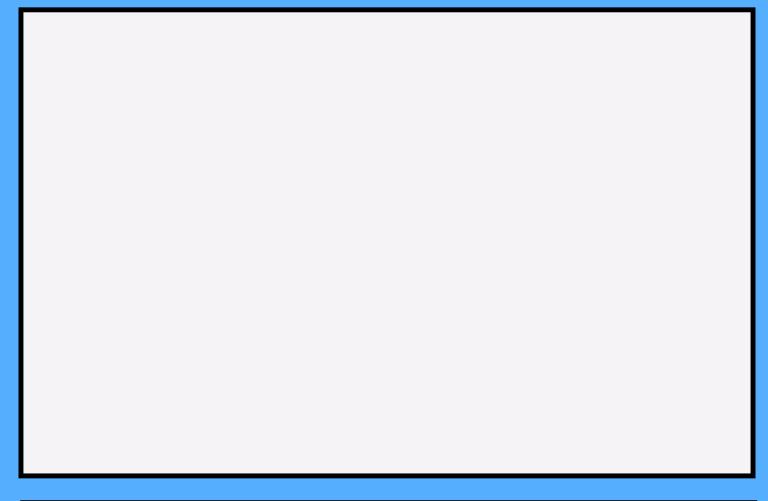
's Kindness Card	's Kindness Card
's Kindness Card	's Kindness Card

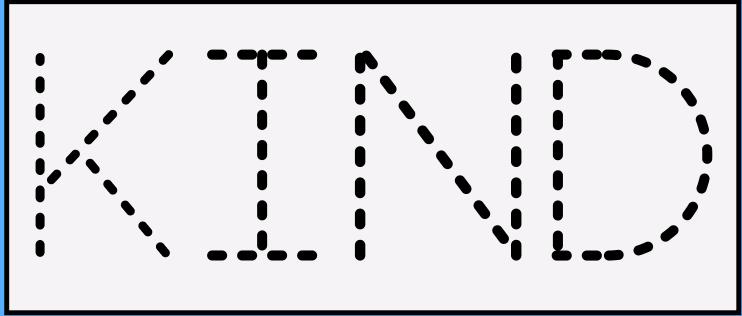
# Kindness Coloring





## Kindness Picture







# Kindness Story

### WAYS TO SHOW KINDNESS

USE YOUR
LISTENING
EARS

INVITE
SOMEONE TO
PLAY WITH
YOU

SOMETHING NICE TO SOMEONE

RAISE YOUR

HAND

SMILE

SHARE WITH OTHERS SAY "THANK YOU" HELP A
FRIEND
CLEAN UP

#### PROBLEM SOLVING CHOICES

**Choice 1:** You can do something to make the situation worse. *Matthew and Tilly* example:

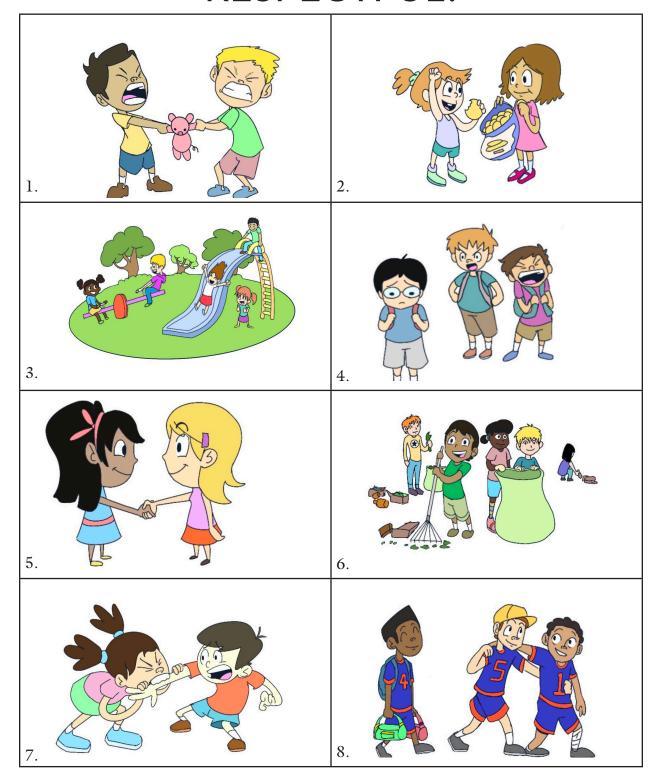
**Choice 2:** You can ignore the situation and wait to see what happens. *Matthew and Tilly* example:

**Choice 3:** You can do something to make it better. *Matthew and Tilly* example:

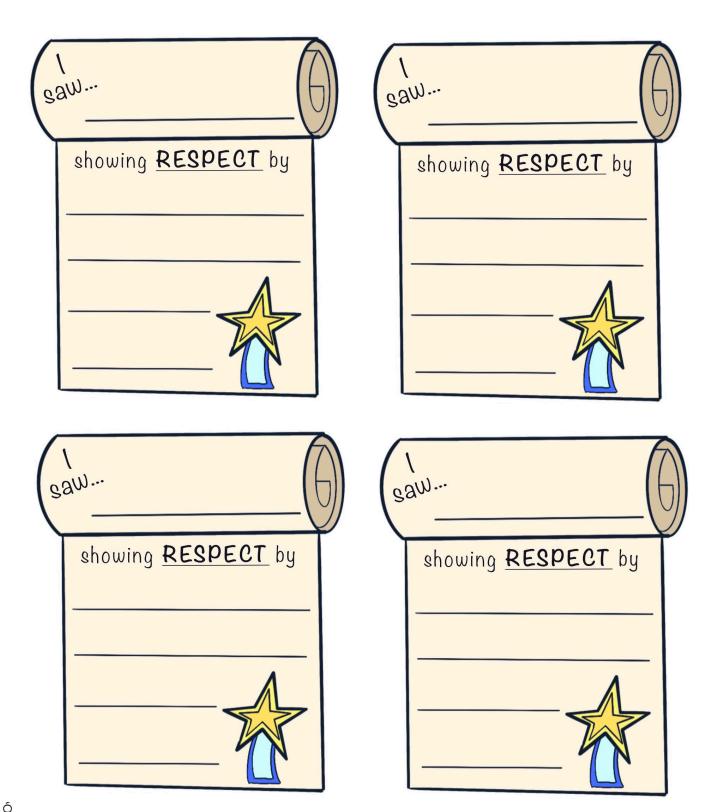
#### **CONFLICT SCENARIOS**

- 1. You want to play a game, but your friend wants to play another. What can you do?
- 2. The student behind you in line keeps poking you. What can you do?
- 3. Someone jumps in front of you in line. What can you do?
- 4. You are trying to tell your mum about your day at school, but your little brother or sister keeps interrupting you. What can you do?
- 5. Someone calls you a name in the playground. What can you do?
- 1. You want to play a game, but your friend wants to play another. What can you do?
- 2. The student behind you in line keeps poking you. What can you do?
- 3. Someone cuts in front of you in line. What can you do?
- 4. You are trying to tell your mum about your day at school, but your little brother or sister keeps interrupting you. What can you do?
- 5. Someone calls you a name on the playground. What can you do?

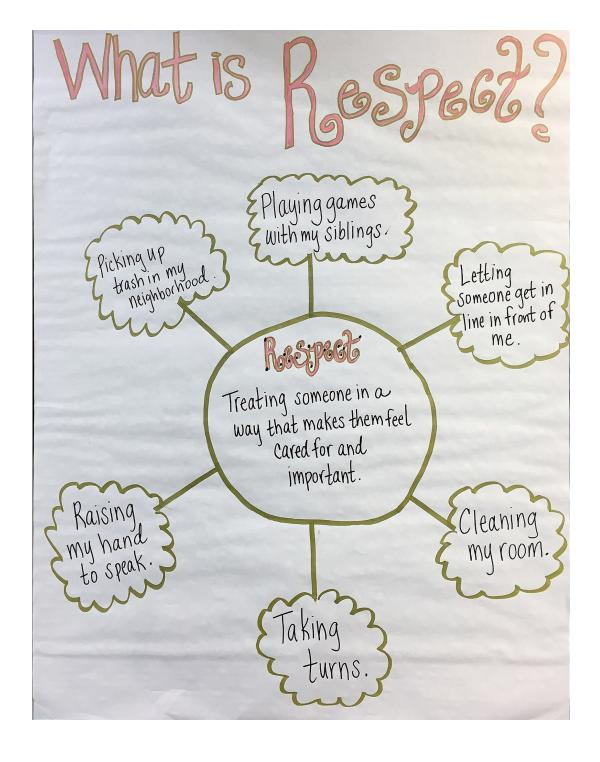
### RESPECTFUL OR NOT RESPECTFUL?



#### RESPECT FORMS FOR JAR



#### RESPECT ANCHOR CHART



#### JOEY'S DECISIONS

- 1. All of the students sitting in the three rows behind Joey on the school bus are making fun of Annika for wearing glasses. They are chanting "four eyes, four eyes"; she looks upset. Joey decides to tell them to stop and goes to sit by Annika to cheer her up.
- 2. Joey's mum made rissoles for dinner, which is Joey's least favourite food. When his mum is not looking, Joey feeds the rissoles to his dog under the table.
- 3. On the way back from lunch, Joey spots a five-dollar note lying on the ground and puts it in his pocket. When he gets back to class, he overhears a classmate say she lost her lunch money during lunch. Joey stays silent and decides to keep the money, even though he now knows whom it belongs to.
- 4. Joey dares his classmate Carmel to start a food fight during lunch. When Carmel gets caught throwing her chips, Joey decides to tell his teacher that he was involved because he dared Carmel to start the food fight.
- 5. Whenever Joey's parents go out for the night, Joey tells his babysitter he is allowed to watch a show on TV that his dad does not allow him to watch when he is home.
- 6. Joey told his little sister that he would play with her on Friday after school. She has been excited all week. But when Joey gets home Friday, his best friend invites him over to play a new video game. Joey decides to tell his best friend that he can't come over because he does not want to let his little sister down.
- 7. While Joey is playing at his grandma's house, he accidentally breaks a vase. Joey blames the accident on his grandma's cat, who often likes to climb on furniture.

#### **GOOD CHOICE**



#### **BAD CHOICE**



#### MY FAVOURITE THINGS

Whenever I am feeling down, I think of		
Favourite Thing #1	Favourite Thing #2	
Favourite Thing #3	Favourite Thing #4	
to cheer me up!		

#### **NEGATIVE SCENARIOS**

- 1. All of my friends are away, and I have no one to play with.
- 2. I broke my leg and have to wear a cast for six weeks.
- 3. I did not get a good grade on my reading test.
- 4. It's my brother's birthday, and he wants to go to a movie that I don't want to go see.
- 5. My team lost the Grand Final.
- 6. I don't want to eat vegetables.

#### THE ANT AND THE GRASSHOPPER: AN AESOP FABLE

In a field one summer's day, a Grasshopper was hopping about, chirping and singing to its heart's content. An Ant passed by, bearing along with great toil an ear of corn he was taking to the nest.

"Why not come and chat with me," said the Grasshopper, "instead of toiling and moiling in that way?"

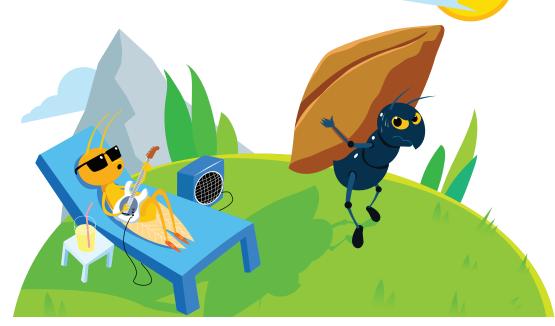
"I am helping to lay up food for the winter," said the Ant, "and recommend you do the same."

"Why bother about winter?" said the Grasshopper. "We have got plenty of food at present." But the Ant went on its way and continued its toil.

When the winter came, the Grasshopper had no food and found itself dying of hunger—while it saw the ants distributing every day corn and grain from the stores they had collected in the

summer. Then the Grasshopper knew: it is



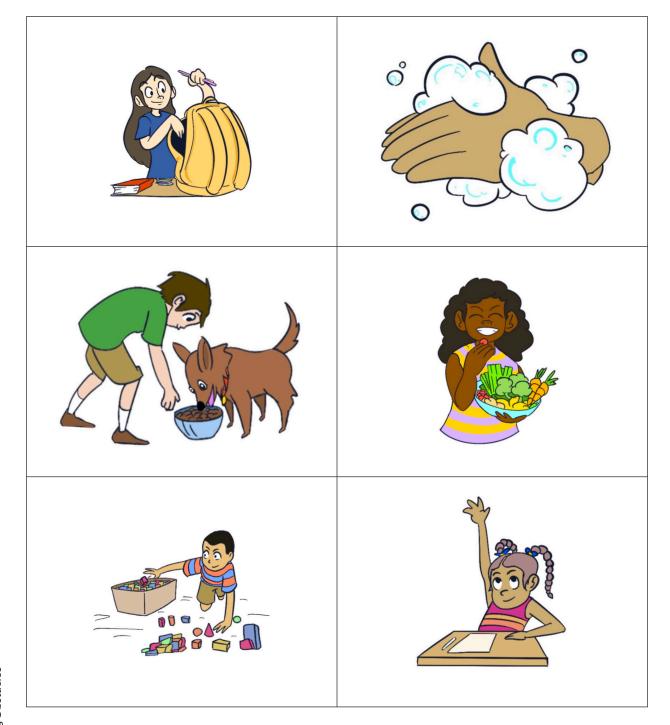




### RESPONSIBILITIES AND CONSEQUENCES POSTER

Responsible Actions	Consequences/Problems
	STOP

#### **RESPONSIBILITIES OF STUDENTS**



#### HAND CUTOUT



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