

THE ANT AND THE GRASSHOPPER: AN AESOP FABLE

In a field one summer's day, a Grasshopper was hopping about, chirping and singing to its heart's content. An Ant passed by, bearing along with great toil an ear of corn he was taking to the nest.

"Why not come and chat with me," said the Grasshopper, "instead of toiling and moiling in that way?"

"I am helping to lay up food for the winter," said the Ant, "and recommend you do the same."

"Why bother about winter?" said the Grasshopper. "We have got plenty of food at present." But the Ant went on its way and continued its toil.

When the winter came, the Grasshopper had no food and found itself dying of hunger—while it saw the ants distributing every day corn and grain from the stores they had collected in the summer. Then the Grasshopper knew: it is best to prepare for days of need.



CIRCLES OF RESPONSIBILITY



EMPATHY SCENARIO CARDS



Your best friend, Sara, is jealous of the new friend you have made, Leah. One day during the carpool line, Sara begins to snicker and make mean comments about the car Leah's mum drives. Leah overhears and is embarrassed; you know Leah's mum lost her job. What should you do?

Your best friend, Matt, has started to make fun of Chris for being a slow reader. At first you thought it was funny, but Matt's comments to Chris have become meaner. In fact, Chris is embarrassed now to read aloud to the class, and he puts his head down whenever he is called on to answer a question. Other students in the class still think Matt's comments and sneers are funny when Chris has to read. What should you do?

A bully at school and several of his friends are surrounding a student at lunch. They are making fun of his dirty shoes. What should you do?

Children are picking teams for a basketball game during PE. Two students are left, but the captains don't want to pick them. What should you do?

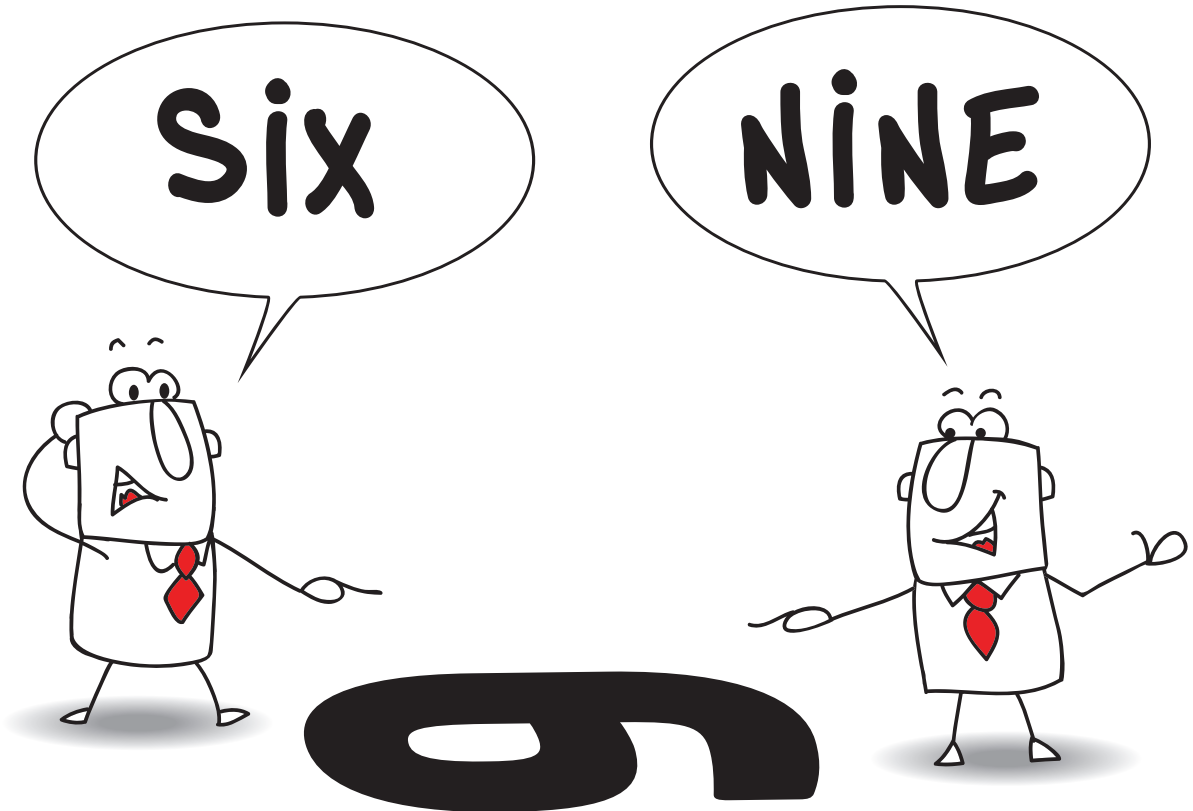
Shane is having a birthday party. The whole class is invited except for one student. What should you do?

A new student comes into your classroom with big glasses. Some of the other kids in the class start to laugh. At lunch, he sits by himself. What should you do?

A message making fun of a classmate has been sent to you and other students in your class. The classmate who is being made fun of does not know about the secret group message. What should you do?

Kayla got a new haircut, and the hairdresser accidentally cut her hair shorter than she wanted it. All of your friends are saying she looks like a boy. Kayla is upset. What should you do?

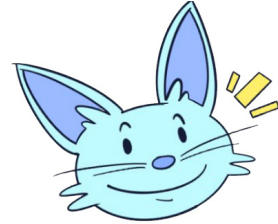
6 OR 9?



5 STEPS TO EMPATHY

STEP 1: PAY ATTENTION!

- What is your friend saying?
- How would you describe their body language?



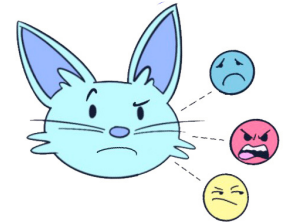
STEP 2: CONNECT!

- Make a personal connection to how your friend is feeling.
- When have you experienced a similar feeling?



STEP 3: IMAGINE!

- How do you think your friend feels right now?
- How would you feel if this were to happen to you?



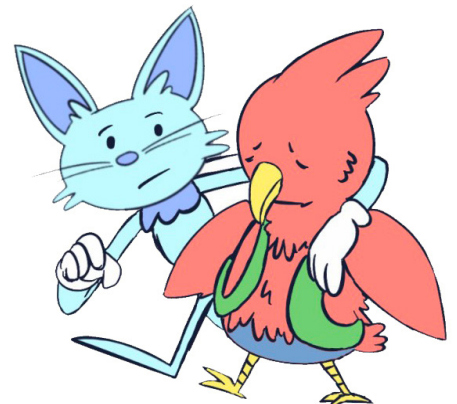
STEP 4: ASK!

- Ask your friend how they are feeling.



STEP 5: ACT!

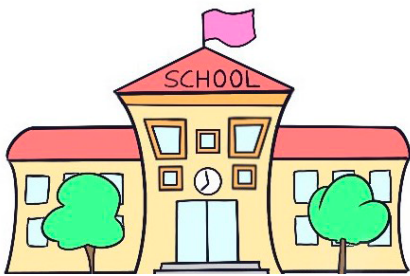
- Listen attentively to your friend talk about their feelings.
- Use your words and actions to show your friend that you care.



SHOWING RESPECT

How Can I Show Respect?

At School



At Home



In the Community



RESPECT SCENARIO CARDS

Card 1

Johnny's teacher asks the class to take out their math books and pencils. Johnny is mad because he forgot to do his homework and does not take out his math book or pencil. When his teacher reminds him of the directions, he still does not follow them. Is Johnny being respectful? What should Johnny do to show respect to his teacher?

Card 2

Sarah is at the park; she throws her rubbish on the ground when she is done and runs to play on the swings. Is Sarah being respectful? What should Sarah do to show she is being respectful in the community?

Card 3

Ben is running in the hallway on his way to the bathroom. A teacher he does not know asks him to walk. Ben ignores the teacher and keeps running. Is Ben being respectful? What should Ben do to show respect at school?

Card 4

Anna's teacher tells the class to put their devices away and go back to their seats. Anna really wants to finish the game she is playing, so she ignores the direction and continues playing on the device. Is Anna being respectful? What should Anna do to show respect to her teacher?

Card 5

Eric's baseball team did not win the big game. Eric was very mad. When it was time for both teams to shake hands, Eric sat on the bench and refused to shake hands with the other team. Is Eric being respectful? What should Eric do to show respect?

Card 6

Sean's mum told him that he could not go play with his friends until he cleaned his room. Sean did not want to clean his room, but he really wanted to play outside. Sean went upstairs and cleaned his room like his mum asked. Is Sean being respectful?

Card 7

Serena's grandma made pasta for dinner. Serena does not like pasta. At the dinner table, she yells at her grandma for making pasta and tells her that she is the worst cook ever. Is Serena being respectful? What should Serena do to show respect to her grandma?

Card 8

During Show and Tell, two boys start laughing when their classmate is sharing what her favourite movie is. They laugh and say that it is a boring movie. Are these students being respectful to their classmate? What should the boys do to show respect?

THE INTEGRITY CHALLENGE

Read these scenarios to your class. Students are to choose what they would do for each scenario and go to the corresponding side of the room—1 or 2.

1. Your friend has come over, and you are both on your mum's computer. Your friend wants you to go to a website that you know your mum doesn't want you to visit. However, your mum has run over to your neighbour's home for a few minutes, so you and your friend are alone. Would you...

Choice 1: ...visit the website? Your mum is not home now, and she may never know you visited it.

Choice 2: ...tell your friend that you should go to another website or do something else? You may get in trouble if you visit the website.

2. You did not find the time to study for your vocabulary test, and your grandmother told you that you must get an "A" on the test to go to the shops with her this weekend. During the test, you notice that you can easily see the answers of the student who is sitting next to you. Would you...

Choice 1: ...cheat off the student's test? You know she studied and probably has the correct answers.

Choice 2: ...choose to do your own work? You may not get an "A," but you didn't cheat.

3. You saw your best friend steal some money out of the bag of another student in your class. Would you...

Choice 1: ...report what you saw to your teacher? You know your friend may be mad, but the student in your class now doesn't have money for lunch.

Choice 2: ...not say anything? You weren't the one who stole the money.

SAMPLE QUOTES ABOUT INTEGRITY

“Real integrity is doing the right thing, knowing that nobody’s going to know whether you did it or not.”

“Integrity is choosing your thoughts and actions based on values rather than personal gain.”

“Whoever is careless with the truth in small matters cannot be trusted with important matters.”

“The time is always right to do what is right.”

“Integrity is doing the right thing, even when no one is watching.”

“Wisdom is knowing the right path to take...integrity is taking it.”

“It is not what we profess in public, but where we walk and what we practice in secret that gives us integrity.”

“Being honest may not get you a lot of friends, but it’ll always get you the right ones.”

POSITIVE THOUGHTS

I am smart.

I am a hard worker.

I am a good friend.

I am responsible.

I am dependable.

I am funny.

I am brave.

I am good at sports.

I am a great reader.

I am helpful.

I am great at math.

I am respectful.

I am liked.

I am kind.

I am artistic.

NEGATIVE THOUGHTS

I am stupid.

I never do anything right.

I am terrible at sports.

No one wants to be my friend.

Everything is hard.

I can't draw.

Everyone is mean.

My teacher always yells at me.

I hate math.

My big brother never wants to play with me.

Lunch time is boring.

I am the worst reader.

I am going to fail school.

I always get yelled at to do my chores at home.

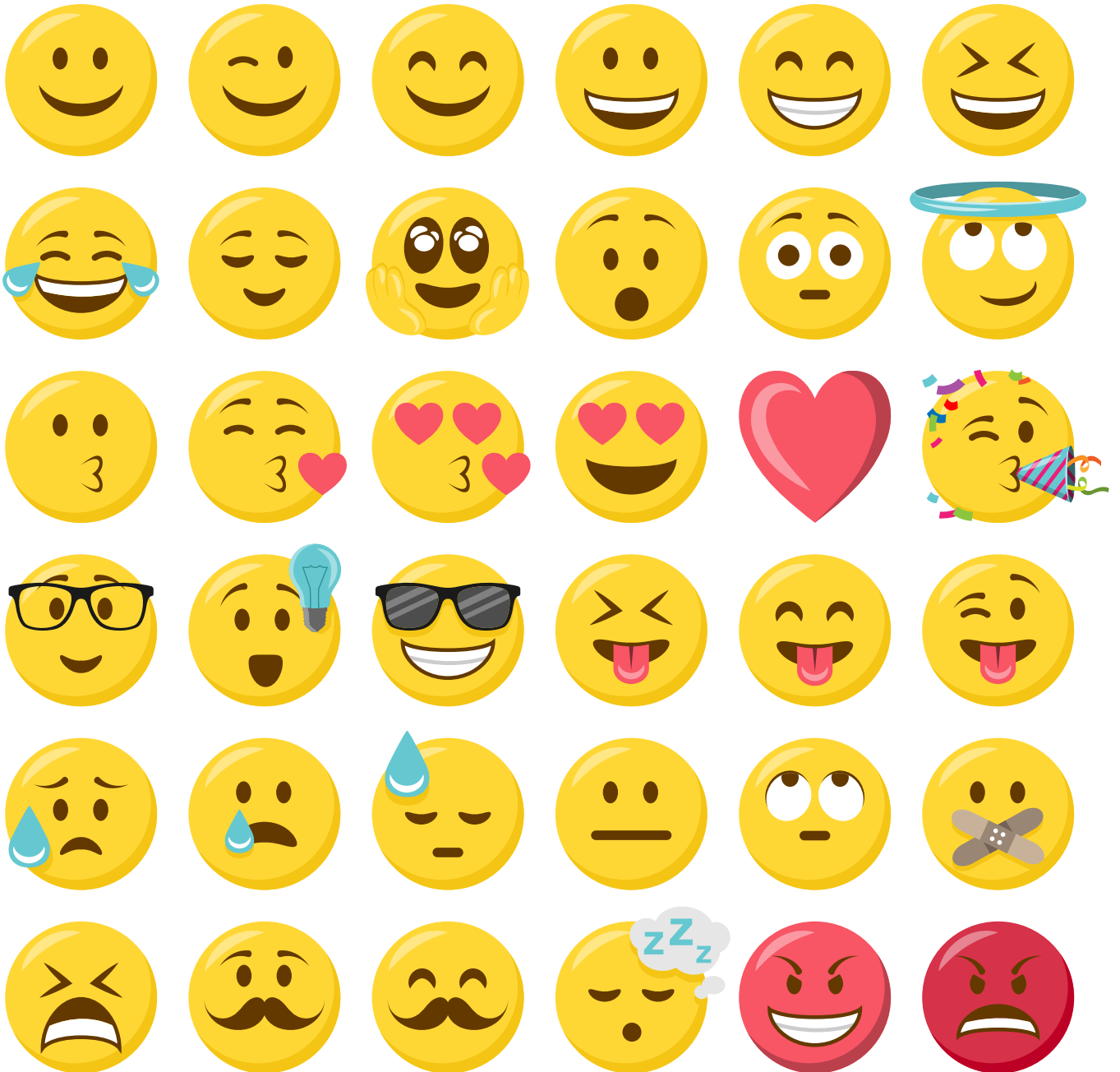
I never do anything fun.

THE GOALS OF PERSEVERANCE

When I complete my goal, it will look like...

<p><u>Short-Term Goal 1:</u></p>	<p><u>What I'll Need:</u></p>	<p><u>What I Need To Do:</u></p>	<p><u>VISUAL:</u></p>
<p><u>Short-Term Goal 2:</u></p>	<p><u>What I'll Need:</u></p>	<p><u>What I Need To Do:</u></p>	<p><u>VISUAL:</u></p>
<p><u>Short-Term Goal 3:</u></p>	<p><u>What I'll Need:</u></p>	<p><u>What I Need To Do:</u></p>	<p><u>VISUAL:</u></p>
<p><u>Short-Term Goal 4:</u></p>	<p><u>What I'll Need:</u></p>	<p><u>What I Need To Do:</u></p>	<p><u>VISUAL:</u></p>
<p><u>Long-Term Goal:</u></p>			<p><u>VISUAL:</u></p> <div data-bbox="784 1570 1390 1906" style="border: 1px solid black; height: 150px; width: 100%;"></div>

EMOTIONAL EMOJIS



CONFLICT RESOLUTION FORTUNE TELLER

87	Blue Say sorry	Yellow Share it!	56
Green Talk about it with someone		Get help or ask for advice	Brown
Orange Take turns/switch off		Compro-mise	Pink
12	Red Come to an agreement	Purple Let things cool down	43

“I-MESSAGE” PRACTICE

Directions: Read the following examples. Imagine they were happening to you; then, write your own “I-Message” for each example.

EXAMPLE

Your mum is making you cut your hair before you visit your grandparents. But you want your hair to stay how it is.

I feel upset
 when you make me change my hairstyle
 because I like the way my hair looks.

Fill in the blanks for the following I-Messages:

1. A teammate has been making fun of the shoes you wear to practice.

I feel _____
 when you _____
 because _____

2. Your classmates won't let you join their game at lunchtime.

I feel _____
 when you _____
 because _____

3. Your sibling calls you a “nerd” because you like to read.

I feel _____
 when you _____
 because _____

SAMPLE "YOU-MESSAGE"

Read the text conversation between Naomi (*messages in white*) and her friend (*messages in blue*).

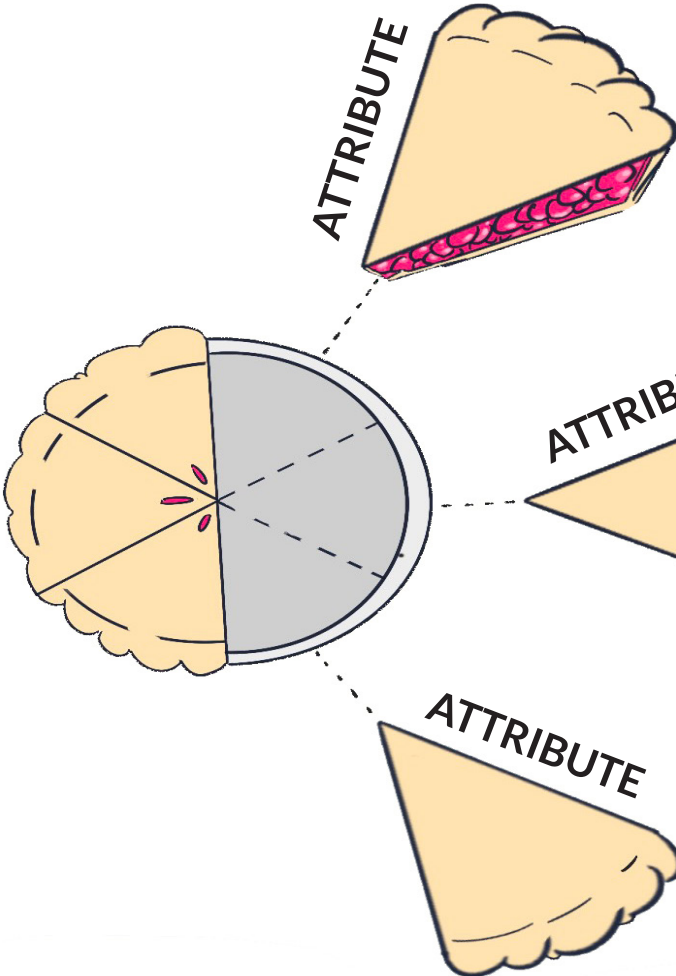
How would you feel if you were Naomi's friend?



PEER PRESSURE SCENARIOS LIST

1. You and a group of friends are playing soccer on a field near your house. You have been told to be home by dark. Just before dark, a popular kid in the neighbourhood invites you and your group of friends to go to his house to play night tag in his backyard. All of your friends decide to go, but you know you are expected to be home at dark.
2. During computer class, one of your classmates went to a website that you know you are not allowed to be on at school. She wants you to go to the website as well so that she can show you a “cool” video. Your classmate says you are a teacher’s pet if you follow school rules all the time.
3. Geraldo really wants a pair of soccer cleats. His grandma drops him off at a local shopping centre and gives him money to go inside and buy the shoes. As he is walking toward the shoe department, he notices a group of soccer players wearing the same pair of soccer shorts. Although he has been wanting the soccer cleats for a long time, Geraldo also feels pressured to be cool and fit in with the other soccer players.
4. On the bus ride to school, a classmate asks Naquan if he can copy his homework. Naquan wants to say no because he knows that is cheating. But his classmate tells him, “Only nerds refuse to share answers. Do you want to be called a nerd?”
5. When DeAnna is at a school dance, the new girl at her school tries to come up and join her friends’ dance circle. All of DeAnna’s friends roll their eyes and move around so that they block the new girl out. DeAnna notices that the new girl looks really lonely but doesn’t want to appear “uncool” to her friends.
6. Rachel was sitting quietly in class, reading a book like her teacher instructed her to do. Suddenly, her best friend sitting beside her asks her to pass a note down to another student. Rachel is nervous about getting into trouble, but Leilani threatens to not be her best friend anymore if she doesn’t pass the note.

ATTRIBUTE PIE



Example(s)

- _____
- _____
- _____

Example(s)

- _____
- _____
- _____

Example(s)

- _____
- _____
- _____



CITIZENSHIP CHART

I am going to make this world
a better place by...

At school	At home	In my community