



Overcoming Obstacles has been taught by thousands of middle school and high school teachers across the country and has positively impacted the lives of more than 2 million young people!



Middle School



High School

Overcoming Obstacles Life Skills Program helps educators equip students with the skills they need to be successful in the classroom and beyond. Students come to understand that what goes on within the four walls of the classroom will not only help them achieve academically, but help them gain admission to college, find and keep a job, improve communication with their friends, family, and teachers and clarify their own personal values as they plan for the future.

The curriculum covers more than 20 important life skills that all young people need beginning with the most critical: communication, decision making, and goal setting skills. The Overcoming Obstacles Life Skills Program includes curriculum materials, teacher training and ongoing support.

Begin an Overcoming Obstacles Life Skills Program for your students. Here's why:



It's Relevant

The Overcoming Obstacles program helps educators teach students a wide range of important life skills:

- Communication, decision making, goal setting
- Problem solving, conflict resolution, understanding others, bullying, tolerance
- Respect, self-esteem/confidence, responsibility, leadership, citizenship
- Personal health, time management, anger management
- Study skills, college and career preparation



It's Flexible

The Overcoming Obstacles program meets the needs of school districts, individual schools, teachers, and students.

- Curriculum format provides educators maximum flexibility in lesson theme selection, teaching time and learning environment.
- Schools can easily implement the curriculum in stand-alone classes, advisory periods, after-school programs, mentoring initiatives, or infuse the lessons into core academic courses.
- Curriculum is comprehensive, including 180 hours of instruction and over 600 activity-based lessons.

Overcoming Obstacles helps students realize their full potential. Here's why:



It's Engaging

The activity-based lessons connect with all students and make learning an enjoyable experience.

- Lessons motivate students to learn important life skills and teach them how to apply the skills in their daily lives.
- Lessons inspire and equip students to think critically to solve problems, improving student achievement.
- Lessons encourage collaboration, teamwork and team building, promoting positive interactions among peers.



It Works

The Overcoming Obstacles program delivers many positive results. Among the most important, it helps to:

- Reinvigorate student interest in learning overall, re-energize the classroom experience and refresh the teacher-student connection.
- Develop strong individual character traits and collaborative teamwork skills.
- Improve classroom and school environments, fostering a true sense of community.
- Increase attendance, academic achievement and graduation rates.
- Prepare students for college and/or careers.



It's Affordable

- Priced at \$150 per curriculum set, educators can teach their students life skills that will last them a lifetime for as little as \$1/day/classroom.
- The Overcoming Obstacles Life Skills Program is a unique value with over 180 hours of classroom instruction, 600 activity-based student-centered lessons, and reproducible student worksheets.

The Overcoming Obstacles Life Skills Program is full of success stories. To learn more about the program, read testimonials from educators using the curriculum, and view our video, visit www.overcomingobstacles.org.

Community for Education Foundation, a nonprofit organization, publishes the Overcoming Obstacles Life Skills Curriculum. The mission of Community for Education Foundation is to ensure that all young people learn the communication, decision making, and goal setting skills they need to be successful in life.



Overcoming Obstacles

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